VFW

VETERANS OF FOREIGN WARS.



PROTECTING WHAT YOU'VE EARNED

A Veterans' Benefits Guide

from the Veterans of Foreign Wars



YOU SERVED YOUR COUNTRY

The Veterans of Foreign Wars is here to help you understand and access the benefits you've earned. Use this guide to explore key VA benefits, identify helpful resources and learn where to turn for trusted support.

Know the Benefits
That May Support Your Future

The U.S. Department of Veterans Affairs provides a wide range of benefits and services for veterans, service members, families, caregivers and survivors. These include disability compensation, VA health care, education and training, housing assistance, life insurance, burial and memorial planning, pension benefits, employment resources, and assistance for eligible dependents and survivors. VFW helps veterans understand where to begin, what questions to ask and how to take the next step with confidence.

Stay Informed
As Policies Evolve

Ongoing legislative and administrative decisions shape veterans' benefits. Access to health care, claims processing, disability compensation, toxic exposure-related benefits, caregiver support, military retirement considerations and transition services can all affect how veterans receive and use their benefits. VFW monitors the issues that matter to veterans and advocates for policies that help protect the benefits, recognition and support they have earned.

YOUR SERVICE MATTERS, and so does your access to the benefits and resources you have earned. Understanding how changes to policies, eligibility or programs may affect you and your family can feel overwhelming. The Veterans of Foreign Wars (VFW) is here for you! We've created this guide to help you stay informed, understand your options and make the most of the benefits you have earned.

TAKE STEPS TO ACCESS WHAT YOU'VE EARNED



Not sure where to begin?
Start with these few steps:

- ☐ **REVIEW** your current benefits and eligibility requirements at the U.S. Department of Veterans Affairs.
- ☐ **ORGANIZE** and update your personal, service and medical records.
- ☐ **SUBSCRIBE** to VA communications and official resources to stay up to date.
  - VA News
  - Press Releases
  - Email Updates
- ☐ **CONNECT** with the VFW for guidance, resources and support at any step along the way.

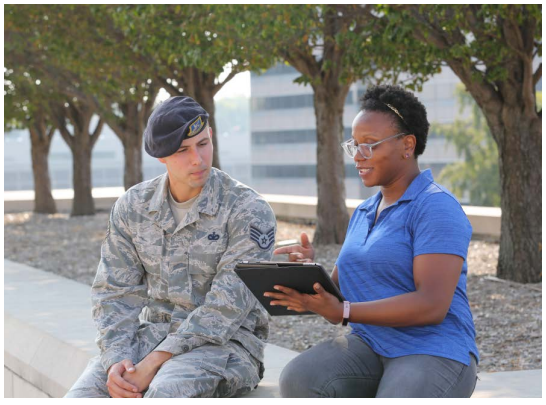
Benefits can vary based on service history, eligibility, documentation and individual circumstances. It's important that you ask questions before making decisions that could affect your compensation, health care, housing, education or family benefits.

Whether you are reviewing your benefits, preparing for a claim, looking for trusted information or seeking a community that understands your service, the VFW is here to stand with you. You do not have to navigate what comes next alone.

Ready to File a VA Claim for Your Earned Benefits?

The VFW's network of accredited service officers are standing by to help veterans and service members within 180 days of separation file free of charge. Get started in minutes.







VA BENEFITS AND HEALTH CARE

Click on the benefit below for more information.

Disability Compensation
File a claim for disability compensation for conditions related to your military service.

Health Care
Apply for VA health care, find out how to access services, and manage your health and benefits online.

Education and Training
Apply for and manage your GI Bill and other education benefits to help pay for college and training programs.

Housing Assistance
Find out if you are eligible for a VA-backed home loan. If you have a service-connected disability, see if you qualify for a housing grant to help you live more independently.

Life insurance
Explore VA life insurance options for veterans, service members, and families. Manage your policy online, file claims for benefits, and access helpful resources.

Burials and Memorials
Get help planning a burial in a VA national cemetery, order a headstone or other memorial item to honor a veteran's service, and apply for survivor and dependent benefits.

Records
Apply for a printed veteran ID card, get your VA benefit letters and medical records, and learn how to apply for a discharge upgrade.

Service Members
Find out what benefits you may be eligible for during service and which time-sensitive benefits to consider when separating or retiring.

Pension
Apply for monthly payments for wartime veterans and survivors with limited or no income who meet certain age and disability requirements.

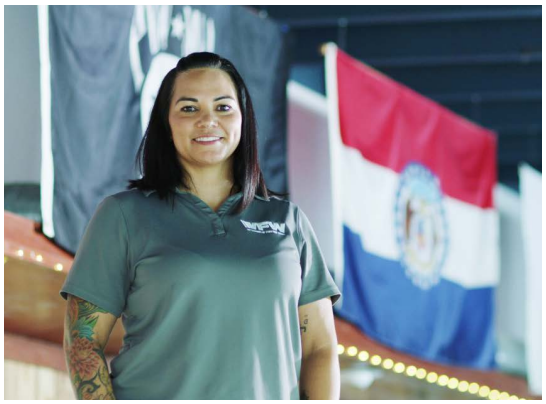
Careers and Employment
Apply for vocational rehabilitation services, get support for your veteran-owned small business and access other career resources.

Family and Caregivers
Learn about the benefits you may be eligible for as the spouse, dependent, survivor or caregiver of a veteran.

VA Information
Learn more about VA benefits and health care programs.









ADDITIONAL RESOURCES

Visit a Medical Center or Regional Office:

Find a VA location

VA Outreach Events:

Find an event

Veterans Crisis Line:

Call 988 and select 1
or text 838255

Want to learn more about the benefits you've earned?

VFW Accredited Service Officers are available to help you understand and access your earned benefits at no cost. **Call 1.833.VFW.VETS or visit VFW.org today!**

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